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Spain: Recipes And Traditions From The Verdant Hills Of The Basque Country To The Coastal Waters Of Andalucía



Synopsis

From the craggy Catalan coastline to the undulating, red-soiled hills of Andalucía, the diversity of the Spanish countryside is without rival. Its cuisine directly reflects this landscape, with each region celebrating its own ingredients and culinary traditions. In Spain, long-time Barcelona resident Jeff Koehler gathers the country's many time-honored dishes and age-old culinary customs, and distills the Spanish table down to its essence—food that is prepared simply but full of homemade flavors, and always meant to be shared. Each chapter is an ode to Spain's delightful kitchen, from gazpachos, salt cod, and poultry, to savory and sweet preserves. The story of the country is told through 200 recipes from classics like Shellfish Paella, Artichoke Egg Tortilla, and creamy Flan to delicacies such as Chilled Melon Soup with Crispy Jamón and Monkfish Steaks with Saffron. Dishes from Spain's leisurely multicourse meals and simple tapas alike celebrate seasonal ingredients: wild mushrooms, asparagus, and local game. Sidebars trace Spain's rich culinary traditions, taking us from ancient Moorish cities to the arid fields of the Castilian countryside, and allow us to meet the people who still, with devotion, cultivate them. Accompanying these are hundreds of evocative photos of the markets, orchards, green hills, and fishing ports from which this delicious cuisine originates. Add to this a thorough glossary that includes techniques such as preparing snails, using saffron, and making perfect fish stock, as well as a helpful source list. Novices and veterans of the Spanish kitchen alike will gain a deeper understanding not only of Spain's cuisine but of its culture.

Book Information

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Customer Reviews

"Koehler is an expert guide, providing highly informative headnotes to each recipe, often explaining

regional variations in the same recipe and suggesting some clever tips. In his recipe for clams with oloroso sherry, for example, he suggests substituting dry white wine with a little brandy if sherry isn't at hand. These pages abound in seductively rustic dishes like pork baked in a salt crust and served with fruit compote, chestnut purée or a blue cheese sauce." - William Grimes, The New York Times Sunday Book Review

A New York Times Sunday Book Review notable cookbook of 2013

Jeff Koehler is a writer, traveler, photographer, and cook. His work has appeared in Saveur, Food & Wine, Gourmet, NPR.org, the Washington Post, Los Angeles Times, CS Monitor, and Tin House, and been selected for Best Food Writing 2010. Spain: Recipes and Traditions is his fourth cookbook. He has lived in Barcelona since in 1996. Kevin J. Miyazaki is an American photographer specializing in food and travel. He lives in Milwaukee, Wisconsin.

One three-star reviewer criticized the kindle formatting of this book. Maybe he/she only saw the Look Inside version. I bought the kindle version, and on my Fire it is easy to read, looks beautiful, and the ingredients are shown clearly in vertical lists, not in paragraphs. I'm glad I did not hesitate to purchase.

One of the best Spanish recipe books in English! A good selection of well known dishes in Spain: From Andalucía to Galicia, País Vasco, La Mancha, Castilla-León, etc. etc.

This is a stunning book - the pictures and stories it tells are fantastic. After opening it for the first time you find yourself leafing through each chapter to see what the next holds. I can't wait to try a few of the recipes.

Beautiful book and fun recipes. Well written and very doable instructions. My only complaint was the horrible (non-) packaging that tore open and looked like a rat nest exploded!

Of the plethora of excellent books, this one stands out. Very informative and unpretentious

Something from every region. Well explained with some history. scrumptious.

We bought this as a gift for our son-in-law and were so impressed that we plan to buy one for ourselves. Beautiful, informative book.

Good receipts and good pictures.

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